



Colorado Department of Human Services
CDHS offers a variety of services to support residents of Colorado in many ways. Such services include (but not limited to):

- Adoption/Foster Benefits
- Child Care Search
- Child Welfare
- Crisis Services
- Domestic Violence
- Mental Health Services

<https://sites.google.com/a/state.co.us/humanservices/home>

Free and Reduced Meal Plans

The National School Lunch Program, as administered by Douglas County Schools Nutrition Services department, provides free and reduced priced meals for student who fall within the eligibility guidelines.

<http://desdnutritionservices.org/>

Click on the Free and Reduced tab at the top of the website



GRIEF RECOVERY SUPPORT GROUP

YOUR JOURNEY FROM MOURNING TO JOY

GriefShare is a special weekly seminar/support group for people grieving the death of someone close. It's a place where you can be around people who understand how you feel and the pain of your loss. At GriefShare, you'll learn valuable information that will help you through this difficult time in your life. If you have lost someone close to you, or know someone who has please call us to find out more information. **We know it hurts, and we want to help.**



Someone you know is hurting?

Tell him or her about DivorceCare, our weekly seminary/support group. DivorceCare features biblical principles for healing from a marriage breakup.

Contact Jolene for date and time

jhessler@faithcrco.org

Find Help—Discover Hope—Experience Healing

Faith Lutheran Preschool



**A Community Resource Guide
for families needing assistance
in different areas.**

**Faith Lutheran Church
& Preschool**
303 N. Ridge Rd.
Castle Rock, Colorado 80104
303-688-3532



Our Mission

Faith Lutheran Preschool was established in 1995 as an outreach ministry of Faith Lutheran Church.

Many times families need assistance outside our walls for many different reasons. Our goal is to help you find resources to meet your family needs, as well as the needs for each individual family member.

We have compiled a list of resources along with contact information.

If you need additional help, please contact Jean Whisman, the Preschool Director.

If you are seeking spiritual assistance, Pastor Ebassa Berhanu is available as well.

Blessings to you and your family!!



Contact Information

Child Protective Services

To report suspected abuse, maltreatment, or neglect of a child
1(844) CO-4-KIDS (1-844-264-5437)
<https://www.childabuse.org/reportchildabuse>

Child Support Enforcement

Child support application and procedures for Colorado
1-800-374-6558; 303-866-4300 (Metro Denver)
<https://childsupport.state.co.us/siteuser/do/vfs/Frag?file=/cm:home.jsp>

Medicaid Eligibility

Federal-State Health Insurance Program for low-income individuals
[www.colorado.gov/hcpf/colorado-medicaid](http://www.hcpf/colorado-medicaid)

Free Dental Clinics

<http://www.freedentalcare.us/st/colorado>

Children's Health Insurance Program (CHIP)

Child Health Plan Plus (CHP+)
Federal-State Health Insurance program for children-available to qualifying families who are not eligible for Medicaid.
1-800-359-1991

www.colorado.gov/pacific/hcpf/child-health-plan-plus
www.colorado.gov/pacific/cdph/categories/services-and-information/health/personal-and-family-health/wic

Supplemental Nutritional Assistance Program

(Formerly Food Stamps)
Federal Nutrition Program
303-866-3122
<https://www.benefits.gov/benefits/benefit-details/1580>

Low Income Energy Assistance Program

Helps low income households in meeting their immediate home energy needs
1-866-432-8435
<https://www.benefits.gov/benefits/benefit-details/1541>

Douglas County Task Force

The Douglas/Elbert Task Force endeavors to meet the immediate needs of residents of Douglas and Elbert counties who are in financial distress and/or at risk of becoming homeless, to help them work through troublesome times with dignity.
303-688-1114
<http://www.detaskforce.org/>

Douglas County Food Bank

Clients of the Food Bank may request food once every 30 days. The Food Bank provides each client with five to seven days worth of food, or approximately 100 lbs. of food, depending on Food Bank stock. We provide three meals per day (plus snacks!) for each family member.
303-688-1114
<http://www.detaskforce.org/food-bank/>

Colorado Children's Immunization Coalition

Free and Low-Cost Vaccines
720-777-5340
<https://www.childrensimmunization.org/what-we-do/free-and-low-cost-vaccines>

