



WELCOME
FAITH LUTHERAN CHURCH
&
PRESCHOOL

PHILOSOPHY

Faith Lutheran Preschool is a place for joyful early childhood education entwined with the love and grace of God.

SERENITY PRAYER

God grant me the serenity to accept the things I cannot change,

The courage to change the things I can
And the Wisdom to know the difference

Developing the whole child

- ▶ Physical - fine, gross, vestibular and proprioception development
- ▶ Language - communication development using both receptive and expressive language skills
- ▶ Cognitive - knowledge, critical thinking development
- ▶ Creative - imagination

“Play is the highest form of Education.” Albert Einstein

- ▶ Spiritual - faith development
- ▶ Social / Emotional - development of relationships with self, others and learning conflict resolution

Vestibular & Proprioception Behaviors

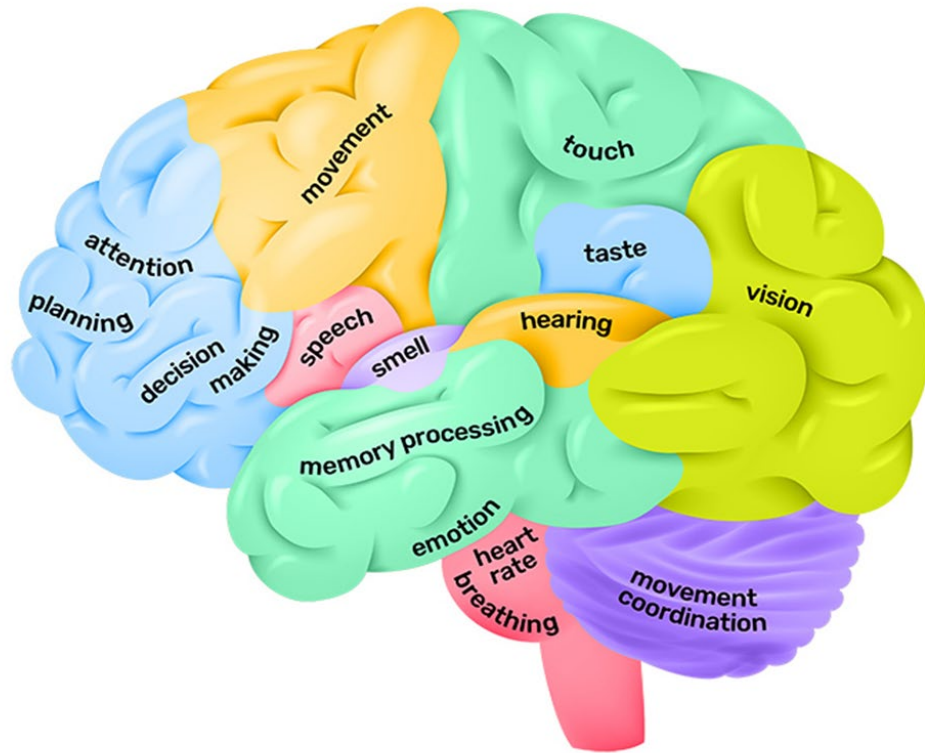
Vestibular - This system needs to be fully developed for visual & auditory processing

- ▶ Zone Out
- ▶ Rock or tilt in chair
- ▶ Difficulty waking up in morning
- ▶ Constantly moving
- ▶ Difficulty sitting in chair - wrap legs around or fall out
- ▶ Motion sickness

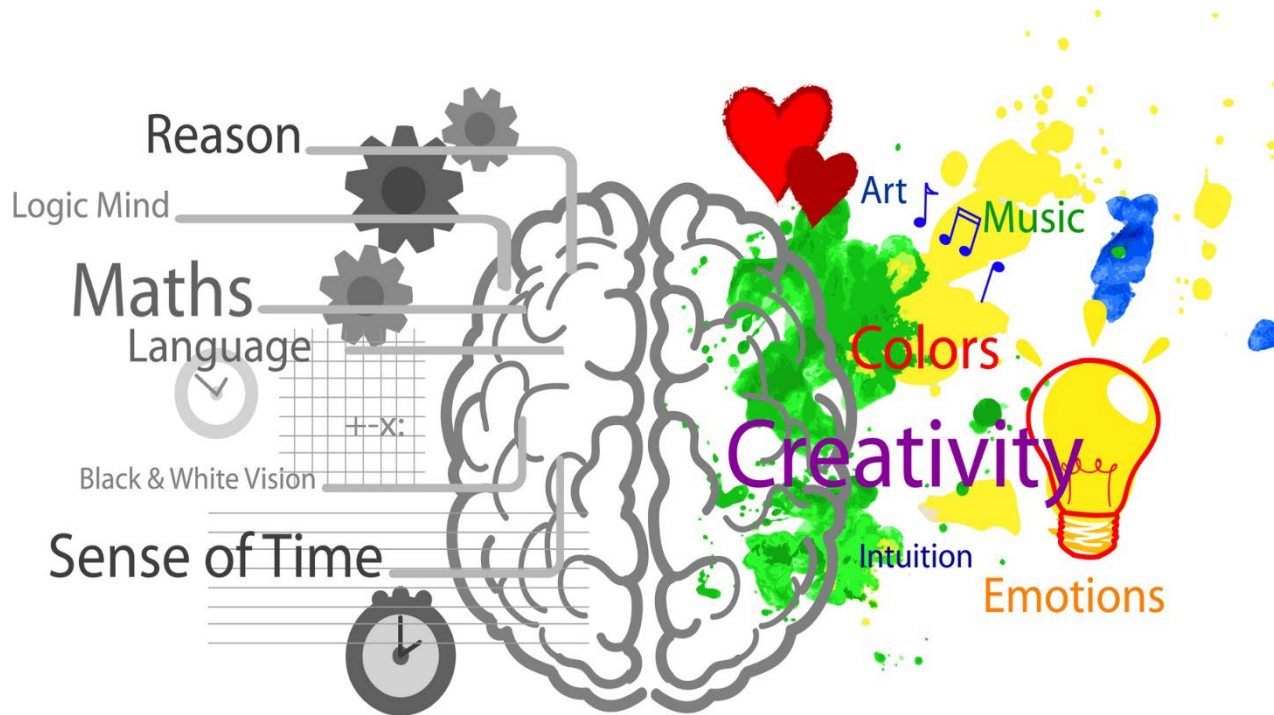
Proprioception - Knowing where your body is in space and what you are doing even when not looking

- ▶ Invade other's space
- ▶ Don't sense body parts - tap foot, lean against wall
- ▶ No sense of boundaries
- ▶ Appear clumsy
- ▶ Drop or break objects-don't know the right pressure
- ▶ Chews on things

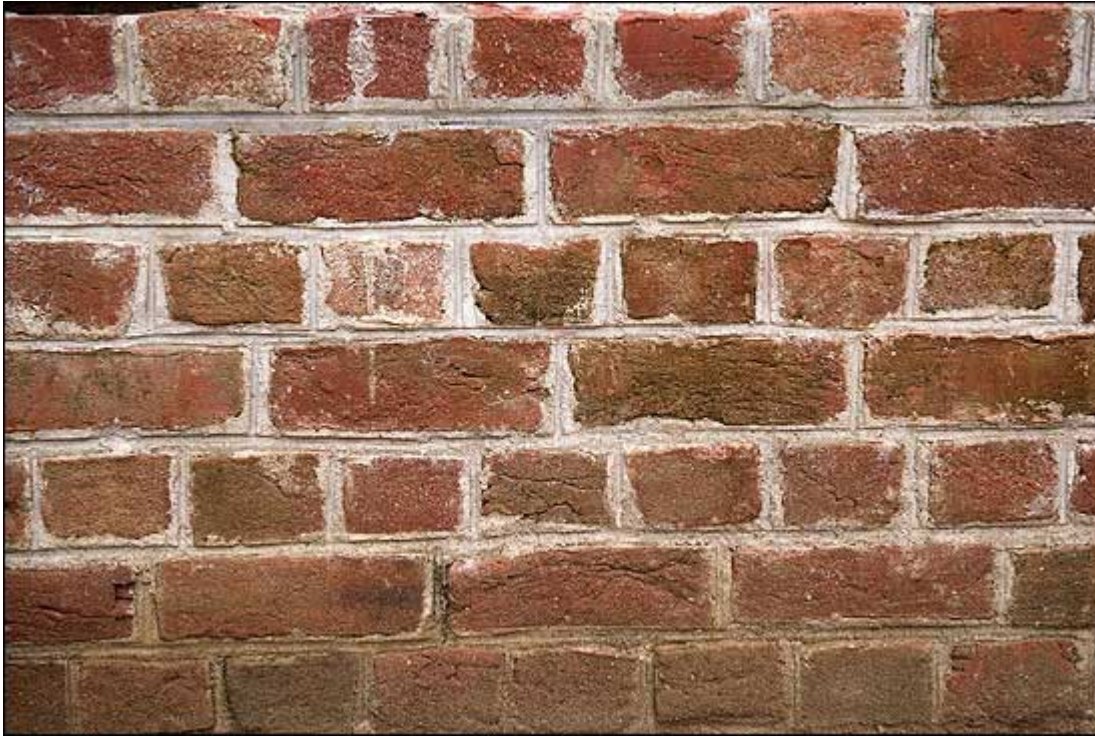
Where & How learning occurs



Communication between Left & right



Build a firm foundation



Go through all stages of development to ensure we don't leave out any bricks



Stages of development

Gross Motor: Proper gross motor development will lead to a more successful Cognitive Development

Fine Motor: *BEFORE* a child can learn to write properly - Tear; Squeeze; Use of Tongs; Use a hole puncher; Use Scissors (stages to cutting)
80 Stages of scribbling
Development of fine motor skills is precursor to handwriting

Reading

Precursor Skills to Reading

Recognize Name

Recognize Alphabet Letters

Sounds of Letters

Rhyming

Beginning sounds of words

Beginning blending sounds

Make sure not using *Memory* to read

Modern conveniences & common practices that are hindering early childhood development

- ▶ TECHNOLOGY
- ▶ FOOD POUCHES
- ▶ TOO MUCH STRUCTURED PLAY

What is happening in these photos:

- ▶ Communication
- ▶ Critical Thinking
- ▶ Problem Solving
- ▶ Interaction
- ▶ Science
- ▶ Strengthening Fine Motor
- ▶ Strengthening Gross Motor



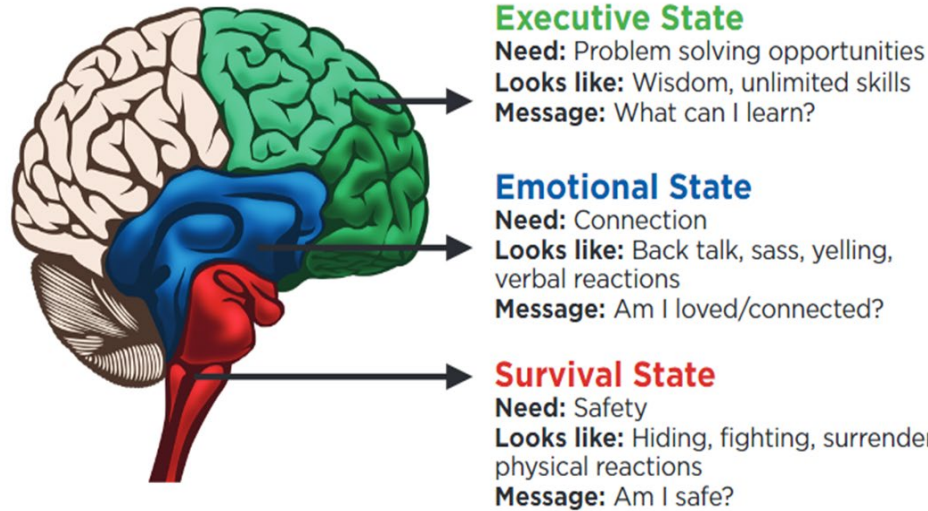
ALL BEHAVIOR
Is A Form Of
COMMUNICATION

CHANGE YOUR PERSPECTIVE

- ▶ Look at behavior as your child's way of communicating their needs that they cannot yet put into words
- ▶ They don't have any other skill - teach me a more appropriate way to get my needs met
- ▶ Conflict is a teaching opportunity
- ▶ With every upset there is an emotion to be addressed and problem to be solved

Conscious discipline seminars

Conscious Discipline® Brain State Model



The Conscious Discipline Brain State Model helps us understand how the brain works in relation to discipline. An upset adult is always a threat to children's sense of safety. We must actively calm ourselves if we are to help children calm themselves. Taking three deep breaths helps us calm down by shutting off the stress response in the body.

7 SKILLS

Composure Assertiveness Encouragement Choices Empathy
Positive Intent Consequences

Special dates

- ▶ Lunch Bunch Begins Monday, August 18
- ▶ Chapel & Specials begin the week of August 25
- ▶ September 9 & 10- Individual School Pictures
- ▶ **September 27 - Fall Festival** (need volunteers)
- ▶ October 9 & 10 - Parent / Teacher Conferences
- ▶ December 1 & 2- Kindergarten Readiness Seminar
- ▶ December 15 - Christmas Program (evening event)
- ▶ January TBD - Pancakes with Police (and Therapy Dogs)
- ▶ January 21 & 22 - Donuts with Dad
- ▶ January 26 - 30- National Lutheran Week & Spirit Week
- ▶ February 11 - 4's & 5's Art Show (evening event)
- ▶ April 15 - 3's Night Time Event
- ▶ April 23 & 24 - Parent / Teacher Conferences - No Students
- ▶ May 6 & 7 - Mother's Day Tea
- ▶ May 18-22 - End of Year Programs

Meet & greet

This is a great opportunity for parents to stay for a bit after drop off and meet some of the parents from their child's classroom and other classrooms as well.

Great time to arrange play dates, carpool, or just have some adult time!

- ▶ September 16 & 17 (Tuesday & Wednesday)
- ▶ January 13 & 14 (Tuesday & Wednesday)

Arrival / Dismissal

- Teachers will be ready at **8:57 am & 12:42 pm**
- Only registered students may be in the classrooms during class time and on field trips.
- Please be considerate of the teachers and other students by not allowing siblings to enter the classroom during arrival and dismissal. This sometimes creates confusion and your child's safety is our number one concern.



SNACKS

- We are a peanut free school
- Each child brings a *healthy* snack. 2 food groups should be represented:
Fruit & Cheese
Vegetable & Cracker
Please no sugary snacks - if sugar is in the first 3 ingredients, probably not a healthy choice
- If your child has a severe allergy to peanuts and/or tree nuts, an epi-pen must be provided to keep on the premises at all times along with the proper documentation. Please see Ms. Jean for procedures, health plan and discuss severity.
- Classes will still be ‘cooking’ and/or having a special snack that goes along with their theme. The teacher will inform you ahead of time in case you need to provide an alternate snack.



Suggested snacks

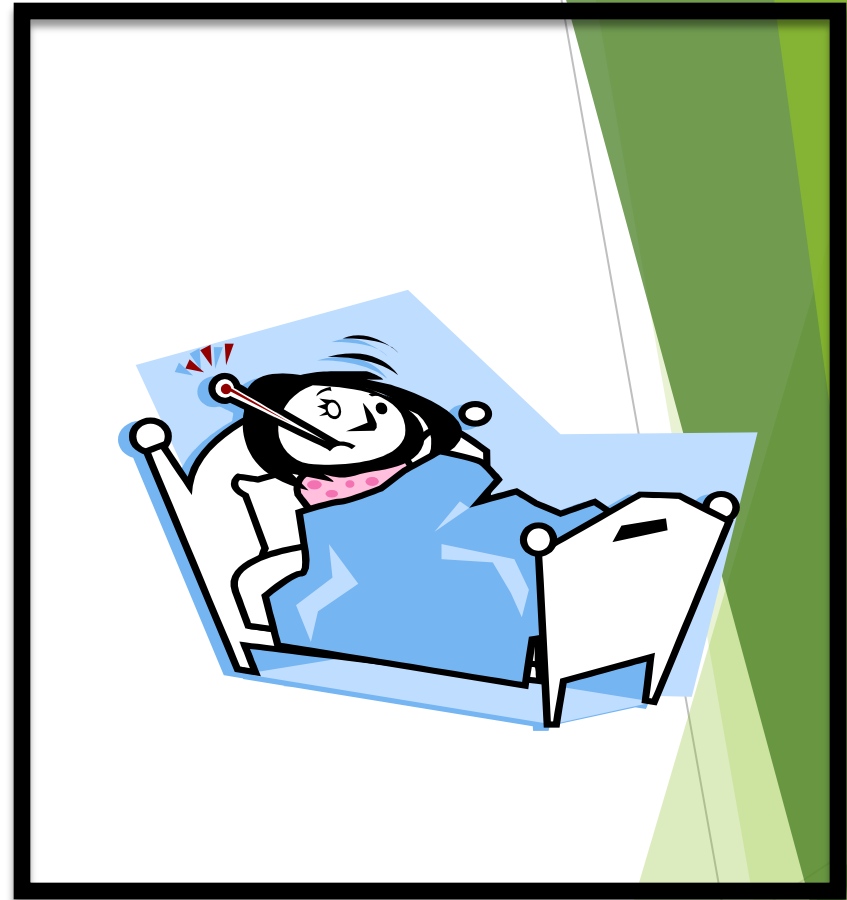
Vegetables*	Grains	Dairy	Discouraged Snacks
baby carrots cucumber slices celery sticks bell pepper slices broccoli florets cauliflower florets *serve with low-fat dip such as ranch or hummus	pita chips plain popcorn Whole Grain Goldfish pretzels Triscuits rice cakes baked chips mini bagel with low-fat cream cheese English muffin with low sugar jam	cheese sticks Mini Babybel Light yogurt such as Lowfat Mountain High Yogurt	fruit snacks Fruit Roll-Ups Fruit Gushers Jell-o Doritos Cheetos Fritos granola bars with chocolate or candy pieces cookies Fruit Loops chocolate cereal cereal with marshmallows Rice Krispie Treats Pop Tarts artificially colored yogurt, yogurt drinks, Gogurt Yogos pudding
Fruits	Cereals	Protein	
grapes raisins apple slices banana melon slices berries grape or cherry tomatoes orange slices canned fruit in lite syrup, drained dried pineapple, apricots all natural applesauce	Cheerios Kix Mini Shredded Wheat Kashi Life Puffins Chex	hard boiled egg lunch meat slices low-sodium jerky Sun butter* tahini* *spread on crackers or bread	

ILL CHILDREN

Please keep your child at home if you observe any of the following symptoms within 24 hours of attending school:

- Fever
- Vomiting
- Diarrhea
- Conjunctivitis
- Lethargy
- Bad cold, sore throat, coughing
- Contagious or communicable illness

Parents will be asked to pick up child based on level of **PARTICIPATION**



sunscreen

Please apply sunscreen prior to coming to school

Other forms of sunscreen may be provided:

Hat

Sunglasses

Light Jacket



PLAYGROUND ATTIRE

For the safety of the children, please have them wear:

Closed toe shoes

No Crocs

No flip-flops

If a child has inappropriate footwear on, they may be asked to not play on certain playground equipment.

Girls please wear shorts under dresses/skirts

Wear weather appropriate clothing/coats, hats, gloves

Label Everything!

PLAYGROUND WORK DAY
THIS SATURDAY
7:00 AM - 10:00 AM



Snow

- ▶ If Douglas County Castle Rock area schools are **closed**, ***FLP will also be closed*** - We are in Douglas County High School Feeder area
- ▶ If Douglas County Castle Rock area schools are on a ***delayed*** schedule, ***FLP will be on delayed schedule.***
60 minute delay - School begins at 10:00
Pick up time remains the same.
Afternoon classes and lunch bunch will follow regular schedule.



Lunch Bunch

10:45-
2:00



Friday Enrichment for Jr. Kindergarten & 4's

The Friday Enrichment class
is in the afternoons (12:45
to 3:45) September - April

Skills are taught using more hands
on experiences through science,
cooking, art and many, many other
activities!



FREE SCREENINGS!

Vision
speech

OT & PT (fine motor &
Gross Motor)

Parent volunteers

- ▶ We encourage parents to help out in the classroom - coordinate with your child's teacher.
- ▶ Parent Advisory Board
- ▶ Fall Festival
- ▶ Picture Day Helpers
- ▶ Monthly Teacher Appreciation
- ▶ Teacher Appreciation Week Coordinator and helpers
- ▶ Meet & Greet

fundraisers

- ▶ King Soopers Community Rewards
- ▶ Fall Festival
- ▶ Spirit Nights
- ▶ Original Artwork
- ▶ Butter Braids



What to bring

- ▶ Backpack
- ▶ Peanut/Tree Nut free snack
- ▶ Change of clothes - include underwear & socks - spare pair of shoes is great too!
- ▶ Water bottle
- ▶ Please label everything!

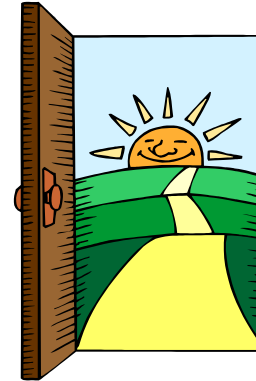
Wear and bring weather appropriate clothes/coats

- ❖ *Be sure to check your child's backpack each day for special artwork, notes, etc.*

Open Door

My door is always open!

We are all part of a team providing the best early childhood experiences possible in order for each child to become a successful adult.



It takes a village to raise a child!

